

#2971

Triple M 18/24 Mellogold Ham

Ham and Water Product 25 % of Weight Is Added Ingredients

GTIN: 90030771029712

Master UPC: 003077102971

Shelf Life: 90 Days

- Traditional Bone-In Ham
- Naturally Hardwood Smoked
- Skinless and Shankless

Storage

Keep refrigerated.

Preparation

Simply Preheat Oven To 325 Degrees,Cook Approximately 10 To 15 Minutes Per Pound.

Shelf Life

90 days from manufactured date.

Ingredients

CURED WITH WATER AND 2% OR LESS OF SALT, DEXTROSE, BROWN SUGAR, POTASSIUM LACTATE, SODIUM PHOSPHATE, SODIUM DIACETATE, SODIUM ERYTHORBATE, SODIUM NITRITE.

Nutrition Facts

VARIED servings per container

Serving size 3 OUNCES (84g)

Calories **140**

Total Fat 9g	14%
Saturated Fat 3g	14%
Cholesterol 55mg	18%
Sodium 880mg	37%
Total Carbohydrates 2g	1%
Dietary Fiber 0g	0%
Sugars 2g	
Protein 13g	

*Percent daily values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Triple M 18/24 Mellogold Ham

#2971

Measurements & Specifications

Portion

SIZE
3 OUNCES (84g)

Piece, Package or Tray

PACK	WEIGHT	TARE	LENGTH	WIDTH	HEIGHT	CUBIC FEET
1 HAM	21.5 LBV	.09	11	13	9	0.74

Master Case

PACK	WEIGHT	TARE	LENGTH	WIDTH	HEIGHT	CUBIC FEET
2/21.5 LBV	43	2.45	19	13.75	9.25	1.9678

Shipping Pallet Configuration

CASES/PALLET	TI	HI
30	6	5

CN Statement

To obtain a signed copy of the CN statement for this item, please fill out a contact us form or call 800.426.6100.